



PRESS CONTACT

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MyOwnDoctor, a telehealth company, teams up with Aetna Better Health of Illinois to increase access to health care and promote health equity across Illinois

CHICAGO—MyOwnDoctor, a telehealth company, announced a collaboration with Aetna Better Health of Illinois to expand services and access to care for Aetna Medicaid members in Illinois.

MyOwnDoctor's virtual care platform lets patients, providers, community partners and churches communicate and collaborate at any time, from anywhere. The unique approach connects members to all the services they may need in one convenient place delivered by those they trust. This includes primary care, mental health, wellness education, community support and social services. Members are supported by Care Navigators from within the community who proactively help guide their health care and wellness journey.

"Good health care is all about treating the whole person," said Cheryle Jackson, CEO of MyOwnDoctor. "That means not only connecting people to providers they know and trust for their physical or mental health, but also addressing life problems that are barriers to their well-being. We're proud to collaborate with Aetna Better Health of Illinois to support their members on every step of their path to better health."

"Aetna Better Health of Illinois is dedicated to providing Medicaid beneficiaries with access to member-centered care and supporting the state's health equity objectives," said Kim Foltz, CEO of Aetna Better Health of Illinois. "Our work with MyOwnDoctor will enable greater access to local resources and quality health care in a convenient, coordinated and culturally competent way. We look forward to working together to improve health outcomes for our members."

The platform provides convenient, quality care in a way that works for patients, providers and payers. Services include:

Virtual consults: Members can meet with primary and specialty care providers by phone or video chat. This includes mental and behavioral health

care, and culturally competent care through Black Telehealth and it's soon-to-launch LatinX Telehealth services.

Care coordination: Members with complex care needs have a dedicated Care Team of providers to help coordinate their care, better manage their illness and improve health outcomes.

Remote patient monitoring: Members get a home Connected Device Kit (such as blood pressure cuffs, glucometers, and more) for their Care Team to monitor their health status.

Care coordination with remote patient monitoring: Members who are chronically ill get both care coordination services and remote patient monitoring to reduce hospital admissions and emergency visits.

Population health education: Members have access to more than 20 digital courses taught by a health coach from their community.

Visit myowndoctor.com/ to learn more.

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